**SANGAM SKM COLLEGE NADI**

**DEPARTMENT OF HOME ECONOMICS**

**YEAR 11 –WEEK 2 WORKSHEET**

**FOOD SUPPLY**

1. Define subsistence agriculture.

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1. Explain **one** impact of climate change on food production.

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1. Define food contamination.

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**FOOD PRESERVATION**

1. State **one** reason for preserving food

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1. Explain how improper storage can cause food spoilage.

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**FOOD PLANNING AND PRODUCT DEVELOPMENT**

1. Explain how the community influences meal planning

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1. State **one** reason for the cooking skill **stuffing**.

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**SANGAM SKM COLLEGE NADI**

**DEPARTMENT OF HOME ECONOMICS**

**YEAR 11 –WEEK 3 WORKSHEET**

**THE KITCHEN SAFETY**

1. Identify **one** feature of microwave cooking. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
2. Explain why eggs should not be cooked in their shell while using a microwave.

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1. Give **one** advantage of using the rice cooker.

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**WHAT IS FOOD**

1. Define Catabolism**.**

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1. Explain **one** way food satisfies our physiological needs

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1. Define peristalsis.

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1. Explain **one** cause of tooth decay.

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