**SANGAM SKM COLLEGE – NADI**

**YEAR 13 WEEK 4 WORKSHEET**

**HOME ECONOMICS**

TOPIC\SUB STRAND: FOOD SUPPLY

1. State the current food system in Fiji’s rural areas.
2. Explain one effect of salt water intrusion on food supply.
3. Define the term fortification.
4. State one reason milk is fortified with Vitamin D.
5. Give one reason for the following characteristics of milk.
6. the white appearance of milk
7. browning of packed evaporated milk
8. Differentiate between marbling and adipose tissue in meat.

1. Explain the effect of enzymes in the tenderization of meat before cooking.
2. Cereals undergo the process of gelatinization and Dextrinisation. Define the two processes.
3. Gluten is responsible for the framework structure of baked products. Explain what gluten is.
4. State the reason for spoilage of whole meal flour during storage.